

Assessment #1

Career/Industry Research Forecast and Interview Questions

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Subject: Clinical Psychology

Psychology is the study of the mind and is focused on helping the client through therapies rather than medicine. I would like to learn more about psychology, to know more about psychology and how I can develop my skills to be prepared for a career in psychology. Clinical Psychology has three main aspects which are diagnosing, treating, and preventing mental and emotional disorders. By examining psychology and its particular mental health disorders such as anxiety, depression, and schizophrenia, how they develop and can be treated. Also I am interested in learning about the social and environmental factors that may affect the clients mental health. Through my research I hope to understand how different therapies have different implications on mental health, and how it can affect how the patient recovers. The ultimate goal of my research currently is to bridge the gap between students and mental health awareness, and bring more resources for students to help their mental health. This approach would help me to learn more about how to take care of my mental health and give resources to students with less access to take care of their own mental health.

Questions to research specific to content):

1. What does a typical day in your practice look like?
2. Could you describe the key responsibilities involved in your role as a clinical psychologist?
3. If therapy doesn't seem to be working for a client, how do you approach that situation?
4. If the client's situation has changed, and your ability to help the client has diminished do you refer the client to another therapist?
5. What do you find most rewarding about your work as a clinical psychologist?

6. Therapy isn't always accessible to everyone. As a budding psychologist, what can I do to help make therapy more accessible?
7. In your opinion, is it more beneficial for a clinical psychologist to have a private practice or work as part of a group? What are the pros and cons of each?
8. How do you structure your questions when working with a supervisor to ensure you're getting the most out of the supervision process?
10. How do you see the field of clinical psychology evolving in the coming years?
11. Can you describe the work settings in which psychologists typically operate, and which settings are typically harder - hospital, private practice, inform?
12. How did you decide on your area of specialization in psychology?

Questions to ask professionals specifically:

13. How can a psychologist remain effective in their work while going through a personal crisis themselves?
14. What initially drew you to the field of clinical psychology, and what aspects continue to inspire you?
15. What's one piece of advice you would give to your younger self when starting your career?